The St. Cloud Area Family YMCA
POOL SCHEDULE
OCT 25 - 31

Open Swim - Family Pool						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
2:15pm-6:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm- 8:00pm	None	12:00pm-8:00pm	12:00pm-7:00pm
Adult Swim - Family Pool						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
10:00am-12:00pm	5:00am-9:30am	5:00am-9:30am	5:00am-9:30am	5:00am-9:30am	5:00am-12:00pm	6:00am-10:00am
	11:35am-1:00pm	11:35am-1:00pm	11:35am-1:00pm	11:30am-5:00pm		
Water Fitness Class - Family Pool						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
	10:45am-11:35am	10:45am-11:35am	10:45am-11:35am	10:45am-11:35am		8:00am-8:45am
	7:05pm-7:50pm	7:05pm-7:50pm		7:05pm-7:50pm		
Lap Swim - Lap Pool						
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
10:00 am-6:00pm	5:00am-8:00pm	5:00am-1:00pm	5:00am-8:00pm	5:00am-1:00pm	5:00am-8:00pm	8:00am-7:00pm
		4:00pm - 8:00pm		4:00pm - 8:00pm		
Water Fitness Class - Lap Pool						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
11:00am-11:55am	6:00am-6:45am		6:00am-6:45am		6:00am-6:45am	8:00am-8:45am
	9:00am-9:45am		9:00am-9:45am		9:00am-9:45am	
	10:00am-11:00am		10:00am-11:00am		10:00am-11:00am	
			7:15pm-8:00pm			
Masters Swim - Lap Pool						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
		6:00am-7:00am		6:00am-7:00am		6:30am-8:00am
YMCA Programs - SAFETY AROUND WATER (Family Pool)						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
		9:30am-10:30am	9:30am-10:30am	9:30am-10:30am		
		Oct. 27	Oct. 28	Oct. 29		
YMCA Programs - Child/Adult SWIM LESSONS (Family Pool and Lap Pool)						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
						9:00am- 9:45am (Adult)
	5:00-7:00pm	5:00-7:00pm		5:00-7:00pm		10:00am-12:00pm

KEY						
HOT TUB	**WATER FITNESS CLASS**	**ADULT SWIM**	**OPEN SWIM**	**WATERSLIDE**	**STEAM ROOM & SAUNA**	**LAP SWIM**
Available until 60 mins. before building close. Available for ages 18+.	Reservations made on GroupX Pro.	Individual exercise for 15 years old and up.	Family Pool only. Available for all ages. Anyone 8 yo. or younger &/or wearing a lifejacket must have grownup (18+) in the water within arm's reach at all times.	Waterslide is OPEN on Fridays from 5pm- close and Saturdays and Sundays from 12:00pm-Close.	Available until 60 mins. before building close. Available for ages 18+.	Open for Lap Swimming and Water Exercise only. Refer to Lap Guidelines for more information.

To help maintain a clean, safe, and enjoyable aquatic environment for everyone, proper swim attire—clothing specifically designed and manufactured for swimming—is required to use the pools and hot tub. Refer to the Swim Attire Guidelines for more information.

The St.Cloud YMCA reserves the right to change the above schedules with little to no notice for reasons including but not limited to: programming needs, holidays, staffing, etc.