



**The St. Cloud Area Family YMCA
POOL SCHEDULE
MAY 1 - MAY 31**

Open Swim - Family Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00pm-6:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-8:00pm		12:00pm-8:00pm	12:00pm-7:00pm
Adult Swim - Family Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am-12:00pm	5:00am-9:30 am	5:00am-9:30 am	5:00am-9:30 am	5:00am-9:30 am	5:00am-12:00pm	6:00am-10:00am
	10:30am-1pm	10:30am-1pm	10:30am-1pm	10:30am-5pm		
Water Fitness Class - Family Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:45am-11:35am	10:45am-11:35am	10:45-11:35am	10:45am-11:35am		8:00am-8:45am
	7:00pm-7:45pm	7:00pm-7:45pm		7:00pm-7:45pm		
Lap Swim - Lap Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 am-6:00pm	5:00am-8:00pm	5:00am-7:00pm	5:00am-8:00pm	5:00am-7:00pm	5:00am-8:00pm	6:00am-7:00pm
Water Fitness Class - Lap Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00am-11:55am	6:00am-6:45am		6:00am-6:45am	6:00pm-6:45pm	6:00am-6:45am	8:00am-8:45am
	9:00am-9:45am		9:00am-9:45am		9:00am-9:45am	
	10:00am-10:45am		10:00am-10:45am		10:00am-10:45am	
			7:15pm-8:00pm			
Masters Swim - Lap Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6:00am-7:00am		6:00am-7:00am		6:30am-8:00am
YMCA Programs - Safety Around Water (Family Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30am-10:30am	9:30am-10:30am	9:30am-10:30am		
		May 6, 13, 20	May 7, 14, 21	May 1,8,15,22		
YMCA Programs - FAMILY NIGHT (Family Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			4:30pm - 7:30pm			
YMCA Programs - Child SWIM LESSONS (Family Pool and Lap Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00-7:00pm	5:00-7:00pm		5:00-7:00pm		10:00am-12:00pm
YMCA Programs - Adult SWIM LESSONS (Lap Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00am- 9:45am
KEY						
SPA	WATER FITNESS CLASS	ADULT SWIM	OPEN SWIM	WATERSLIDE	STEAM ROOM & SAUNA	LAP SWIM
Available until 30 mins. before building close. Available for ages 18+. Closed for cleaning Tues. and Thurs. from 12p-close.	Reservations made on GroupX Pro.	Individual exercise for 15 years old and up.	Family Pool only. Available for all ages. Anyone 8 yo. or younger &/or wearing a lifejacket must have grownup (18+) in the water within arm's reach at all times.	Waterslide is OPEN on Wednesdays from 4:30pm-7:30pm and Fridays, Saturdays and Sundays from 12:00pm-Close.	Available until 30 mins. before building close. Available for ages 18+.	Reservations made at scymca.org Available for ages 10+.