



**The St. Cloud Area Family YMCA
POOL SCHEDULE
February 1 - 28**

Open Swim - Family Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00pm-6:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-4:30pm		12:00pm-8:00pm	12:00pm-7:00pm
Adult Swim - Family Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am-12:00pm	5:00am-9:30am	5:00am-9:30am	5:00am-9:30am	5:00am-9:30am	5:00am-12:00pm	6:00am-10:00am
	11:35am-1:00pm	11:35am-1:00pm	11:35am-1:00pm	11:30am-5:00pm		
Water Exercise Class - Family Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:45am-11:35am	10:45am-11:35am	10:45am-11:35am	10:45am-11:35am		8:00am-8:45am
	7:05pm-7:50pm	7:05pm-7:50pm		7:05pm-7:50pm		
Lap Swim - Lap Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 am-6:00pm	5:00am-8:00pm	5:00am-8:00pm	5:00am-8:00pm	5:00am-8:00pm	5:00am-8:00pm	6:00am-7:00pm
Water Exercise Class - Lap Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00am-11:55am	6:00am-6:45am	5:00pm-5:45pm	6:00am-6:45am	6:00pm-6:45pm	6:00am-6:45am	8:00am-8:45am
	9:00am-9:45am		9:00am-9:45am		9:00am-9:45am	
	10:00am-10:45am		10:00am-10:45am		10:00am-10:45am	
			6:00pm-6:55pm			
Masters Swim - Lap Pool						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6:00am-7:00am		6:00am-7:00am		6:30am-8:00am
YMCA Programs - SAFETY AROUND WATER (Family Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30am-10:30am Feb. 10, 24	9:30am-10:30am Feb. 4, 11, 18, 25	9:30am-10:30am Feb. 5,12,19,26	9:30am-10:30am Feb. 6, 13, 20, 27		
YMCA Programs - FAMILY NIGHT (Family Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			4:30pm - 7:30pm			
YMCA Programs - Child SWIM LESSONS (Family Pool and Lap Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00-7:00pm	5:00-7:00pm		5:00-7:00pm		10:00am-12:00pm
YMCA Programs - Adult SWIM LESSONS (Lap Pool)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30am-9:15am		9:00am- 9:45am
KEY						
SPA	WATER FITNESS CLASS	ADULT SWIM	OPEN SWIM	STEAM ROOM	SAUNA	LAP SWIM
Available until 30 mins. before building close. Available for ages 18+. Closed for cleaning Tues. and Thurs. from 12p-close.	Reservations made on GroupX Pro.	Individual exercise for 15 years old and up.	Family Pool only. Available for all ages. Anyone 8 yo. or younger &/or wearing a lifejacket must have grownup in the water within arm's reach at all times. Features on. Slide available.	Available until 30 mins. before building close. Available for ages 18+.	Available until 30 mins. before building close. Available for ages 18+.	Reservations made at scymca.org Available for ages 10+.