

SWIM ATTIRE GUIDELINES

Please follow the guidelines below to keep all swimmers safe and our pools healthy.

Examples of approved swim attire:



Swimwear must be clean and designated for pool use

- The YMCA does not allow swimmers of any age to enter the pool in clothes.
- Swimmers must bring a change of clothes specifically designated for the pool use.
- Swimsuits must not be transparent.
- No cotton-based clothing is allowed in the pool. Cotton and similar materials can absorb the chemicals in the water, causing the water to become less effective at maintaining the proper chemical balance.

All swimmers must take a shower before entering the water

- Taking a cleansing shower before entering the pool helps to keep dirt and germs out of the water.
- Hair products and skincare products such as lotions, cologne, and make-up will cause chemical imbalances in the pools.