

(Effective 03/01/2023 - 03/31/2023)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise		
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am							
9:30am	<b>Safety Around Water ONLY 3/13 3/20 3/27</b>	<b>Safety Around Water ONLY 3/14 3/21 3/28</b>	<b>Safety Around Water ONLY 3/1 3/5 3/22</b>	<b>Safety Around Water ONLY 3/2</b>			
10:00am	Adult Exercise	Water Fitness & Adult Exercise	Water Fitness & Adult Exercise	Water Fitness & Adult Exercise	Water Fitness & Adult Exercise	Swim Lessons	Adult Exercise
10:30am							
11:00am					Adult Exercise		
11:30am			Adult Exercise	Adult Exercise	Adult Exercise	Open Swim	
12:00pm							
12:30pm							
1:00pm	Camp Swim 3/6 & Open Swim	Camp Swim 3/7 & Open Swim	Camp Swim 3/8 & Open Swim	Adult Exercise or Camp Swim & Open Swim 3/9	Camp Swim 3/10 & Open Swim	Open Swim	Open Swim
1:30pm							
2:00pm	Open Swim	Open Swim	Open Swim	Adult Exercise or Open Swim on 3/9	Open Swim		
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			
5:30pm							
6:00pm							
6:30pm						Closed	
7:00pm	Water Fitness ONLY	Water Fitness & Adult Exercise	Open Swim	Water Fitness & Adult Exercise		Closed	
7:30pm							
8:00pm	Closed	Closed	Closed	Closed	Closed		
8:30pm							
9:00pm							
9:30pm							

**Most current schedule can be found at [scymca.org](http://scymca.org).**

Schedule Key:

Adult Exercise: Individual exercise & must be 15 years old or older.

Open Swim: Available for families of all ages. Features will be on. Slide available during open swim.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.

Safety Around Water: Pool open for 742 District participants only.