

(Effective 01/01/2023 - 01/31/2023)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:15am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim				
6:00am	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim			
6:30am									
7:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			Water Fitness & Lap Swim	
7:30am									
8:00am		Water Fitness & Lap Swim							
8:30am	Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim		Lap Swim	Lap Swim		Lap Swim	
9:00am									
9:30am									
10:00am	Water Fitness & Lap Swim		Lap Swim	Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim	Lap Swim & Swim Lessons	Lap Swim	
10:30am									
11:00am	Lap Swim					Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:30am									
12:00pm									
12:30pm		Closed for Cleaning							
1:00pm									
1:30pm									
2:00pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
2:30pm									
3:00pm									
3:30pm	Swim Team & Lap Swim	Swim Team & Lap Swim	Swim Team	Swim Team & Lap Swim	Swim Team & Lap Swim	Lap Swim	Lap Swim		
4:00pm									
4:30pm									
5:00pm	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons			Swim Team & Lap Swim	Lap Swim	Closed
5:30pm									
6:00pm									
6:30pm	Swim Team	Lap Swim	Water Fitness & Lap Swim	Lap Swim	Closed	Closed			
7:00pm									
7:30pm	Closed	Closed	Closed	Closed	Closed	Closed			
8:00pm									
8:30pm									
9:00pm									
9:30pm									

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org. Make reservations online or by contacting the front desk.

Schedule Key:

Lap Swim: Individual lap swim exercise & must be 10 years old or older.

Swim Team: Pool open for swim team participants only.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.