

(Effective 12/01/2022 - 12/31/2022)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:00am		Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim	
6:30am							
7:00am		Lap Swim	Lap Swim	Lap Swim	Water Fitness & Lap Swim		
7:30am							
8:00am		Water Fitness & Lap Swim	Lap Swim		Water Fitness & Lap Swim		
8:30am							
9:00am	Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim	Water Fitness & Lap Swim	Lap Swim		
9:30am					Water Fitness & Lap Swim	Water Fitness & Lap Swim	Water Fitness & Lap Swim
10:00am	Lap Swim		Lap Swim	Lap Swim			
10:30am					Lap Swim	Lap Swim	Lap Swim
11:00am	Lap Swim		Lap Swim	Lap Swim			
11:30am		Lap Swim			Lap Swim	Lap Swim	Lap Swim
12:00pm	Lap Swim		Lap Swim	Lap Swim			
12:30pm		Lap Swim			Lap Swim	Lap Swim	Lap Swim
1:00pm	Lap Swim		Lap Swim	Lap Swim			
1:30pm		Lap Swim			Lap Swim	Lap Swim	Lap Swim
2:00pm	Lap Swim		Lap Swim	Lap Swim			
2:30pm		Lap Swim			Lap Swim	Lap Swim	Lap Swim
3:00pm	Lap Swim		Lap Swim	Lap Swim			
3:30pm		Lap Swim			Lap Swim	Lap Swim	Lap Swim
4:00pm	Swim Team & Lap Swim		Swim Team & Lap Swim	Swim Team			
4:30pm		Swim Team & Lap Swim			Swim Team & Lap Swim	Swim Team	Swim Team & Lap Swim
5:00pm	Swim Team & Swim Lessons		Swim Team & Swim Lessons	Swim Team & Swim Lessons			
5:30pm		Swim Team & Swim Lessons			Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons
6:00pm	Swim Team & Swim Lessons		Swim Team & Swim Lessons	Swim Team & Swim Lessons			
6:30pm		Swim Team & Swim Lessons			Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons
7:00pm	Swim Team		Lap Swim	Water Fitness & Lap Swim			
7:30pm		Swim Team			Lap Swim	Water Fitness & Lap Swim	Lap Swim
8:00pm	Closed		Closed	Closed			
8:30pm		Closed			Closed	Closed	Closed
9:00pm	Closed		Closed	Closed			
9:30pm		Closed			Closed	Closed	Closed

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org. Make reservations online or by contacting the front desk.

Schedule Key:

Lap Swim: Individual lap swim exercise & must be 10 years old or older.

Swim Team: Pool open for swim team participants only.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.