

(Effective 12/01/2022 - 12/31/2022)							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise		
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am							
9:30am	Safety Around Water ONLY 12/5 12/12 12/19	Safety Around Water ONLY 12/6 12/13 12/20	Safety Around Water ONLY 12/7 12/14 12/21			Adult Exercise	
10:00am					Water Fitness & Adult Exercise	Swim Lessons	Adult Exercise
10:30am	Adult Exercise	Water Fitness & Adult Exercise	Water Fitness & Adult Exercise	Water Fitness & Adult Exercise	Adult Exercise		
11:00am							
11:30am		Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Open Swim	Open Swim
12:00pm							
12:30pm							
1:00pm	Open Swim & Camp Swim 12/26	Open Swim & Camp Swim 12/27	Open Swim & Camp Swim 12/28	Adult (Open Swim/Camp Swim 12/22 12/29)	Open Swim & Camp Swim 12/23 12/30		
1:30pm							
2:00pm	Home School Gym & Open Swim	Open Swim	Open Swim	Adult Exercise (Open Swim 11/22 12/29)	Open Swim		
2:30pm							
3:00pm	Open Swim						
3:30pm							
4:00pm							
4:30pm							
5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			Closed
5:30pm							
6:00pm							
6:30pm							
7:00pm							
7:30pm	Water Fitness ONLY	Water Fitness & Adult Exercise	Open Swim	Water Fitness & Adult Exercise		Closed	
8:00pm	Closed	Closed	Closed	Closed	Closed		
8:30pm							
9:00pm							
9:30pm							
Most current schedule can be found at scymca.org.							
Schedule Key:							
Adult Exercise: Individual exercise & must be 15 years old or older.							
Open Swim: Available for families of all ages. Features will be on. Slide available during open swim.							
Water Fitness: Reservations must be made on GroupX Pro.							
Swim Lessons: Pool open for swim lesson participants only.							
Safety Around Water: Pool open for 742 District participants only.							