

(Effective 03/01/2022 - 03/31/2022)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:15am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Masters Swim		
6:00am		Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim			
6:30am								
7:00am		Lap Swim	Lap Swim	Lap Swim	Lap Swim			Lap Swim
7:30am								
8:00am								
8:30am								
9:00am	Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim	Lap Swim	Lap Swim			
9:30am								
10:00am								
10:30am	Water Fitness & Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim & Swim Lessons	Lap Swim		
11:00am								
11:30am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Fitness & Lap Swim	
12:00pm								
12:30pm								
1:00pm								
1:30pm								
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm							Swim Team & Lap Swim	Swim Team & Lap Swim
4:30pm								
5:00pm	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons				
5:30pm								
6:00pm								
6:30pm	Swim Team	Lap Swim	Water Fitness & Lap Swim	Lap Swim	Swim Team & Lap Swim	Closed		
7:00pm								
7:30pm	Closed	Closed	Closed	Closed	Closed	Closed		
8:00pm								
8:30pm								
9:00pm								
9:30pm								

**Reservations are 60 minutes and start at the top of the hour.**

**Most current schedule can be found at [scymca.org](http://scymca.org). Make reservations online or by contacting the front desk.**

Schedule Key:

Lap Swim: Individual lap swim exercise & must be 10 years old or older.

Swim Team: Pool open for swim team participants only.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.