

(Effective 01/01/2022 - 01/31/2022)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:15am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Masters Swim					
6:00am		Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim						
6:30am											
7:00am		Lap Swim	Lap Swim	Lap Swim	Lap Swim			Lap Swim			
7:30am											
8:00am											
8:30am											
9:00am	Water Fitness & Lap Swim	Water Fitness & Lap Swim	Water Fitness & Lap Swim	Lap Swim	Lap Swim						
9:30am											
10:00am											
10:30am	Water Fitness & Lap Swim	Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim	Lap Swim & Swim Lessons	Lap Swim					
11:00am	Lap Swim					Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Fitness & Lap Swim	
11:30am											
12:00pm											
12:30pm											
1:00pm		Lap Swim	Lap Swim	Closed	Lap Swim					Lap Swim	
1:30pm											
2:00pm											
2:30pm		Lap Swim	Lap Swim	Lap Swim	Lap Swim					Lap Swim	
3:00pm											
3:30pm		Swim Team & Lap Swim	Swim Team & Lap Swim	Swim Team	Swim Team & Lap Swim					Swim Team & Lap Swim	Lap Swim
4:00pm											
4:30pm		Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons					Swim Team & Lap Swim	Lap Swim
5:00pm											
5:30pm											
6:00pm	Swim Team	Lap Swim	Water Fitness & Lap Swim	Lap Swim	Swim Team & Lap Swim	Closed					
6:30pm											
7:00pm	Closed	Closed	Closed	Closed	Closed	Closed					
7:30pm											
8:00pm	Closed	Closed	Closed	Closed	Closed	Closed					
8:30pm											
9:00pm											
9:30pm											

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org. Make reservations online or by contacting the front desk.

Schedule Key:

Lap Swim: Individual lap swim exercise & must be 10 years old or older.

Swim Team: Pool open for swim team participants only.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.