

(Effective 12/01/2021 - 12/31/2021)							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:00am		Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim	
6:30am							
7:00am		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Fitness & Lap Swim	
7:30am							
8:00am			Water Fitness & Lap Swim	Water Fitness & Lap Swim			
8:30am							
9:00am	Water Fitness & Lap Swim		Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim	Lap Swim	
9:30am	Water Fitness & Lap Swim	Water Fitness & Lap Swim	Water Fitness & Lap Swim				
10:00am	Water Fitness & Lap Swim	Water Fitness & Lap Swim	Lap Swim	Water Fitness & Lap Swim	Lap Swim		
10:30am	Water Fitness & Lap Swim	Water Fitness & Lap Swim			Water Fitness & Lap Swim		
11:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		Water Fitness & Lap Swim
11:30am							
12:00pm							
12:30pm							
1:00pm							
1:30pm			Closed	Lap Swim			
2:00pm							
2:30pm							
3:00pm			Lap Swim	Lap Swim	Lap Swim		
3:30pm							
4:00pm	Swim Team & Lap Swim	Swim Team & Lap Swim	Swim Team	Swim Team & Lap Swim	Swim Team & Lap Swim		
4:30pm							
5:00pm	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons			
5:30pm							
6:00pm							
6:30pm	Swim Team	Lap Swim	Water Fitness & Lap Swim	Lap Swim	Closed	Closed	
7:00pm							
7:30pm							
8:00pm	Closed	Closed	Closed	Closed	Closed		
8:30pm							
9:00pm							
9:30pm							
Reservations are 60 minutes and start at the top of the hour.							
Most current schedule can be found at scymca.org . Make reservations online or by contacting the front desk.							
Schedule Key:							
Lap Swim: Individual lap swim exercise & must be 10 years old or older.							
Swim Team: Pool open for swim team participants only.							
Water Fitness: Reservations must be made on GroupX Pro.							
Swim Lessons: Pool open for swim lesson participants only.							