

(Effective 11/01/2021 - 11/30/2021)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Closed
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am							
9:30am							
10:00am							
10:30am							
11:00am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Closed	
11:30am							
12:00pm							
12:30pm							
1:00pm	Open Swim	Open Swim	Open Swim	Adult Exercise	Open Swim or Stearns Benton School District	Open Swim	
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Open Swim	Open Swim	
5:30pm							
6:00pm							
6:30pm							
7:00pm	Water Fitness	Water Fitness	Open Swim	Water Fitness	Closed	Closed	
7:30pm							
8:00pm	Closed	Closed	Closed	Closed	Closed	Closed	
8:30pm							
9:00pm	Closed	Closed	Closed	Closed	Closed	Closed	
9:30pm							

**Reservations are 60 minutes and start at the top of the hour.**

**Most current schedule can be found at [scymca.org](http://scymca.org). Make reservations online or by contacting the front desk.**

Schedule Key:

Adult Exercise: Individual exercise & must be 15 years old or older.

Open Swim: Available for families of all ages. Features will be on. Slide available during open swim.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.