

(Effective 09/01/2021-09/30/2021)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:00am		Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim & Lap Swim	Water Fitness & Lap Swim	Masters Swim	
6:30am							
7:00am		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Fitness & Lap Swim	
7:30am			Water Fitness & Lap Swim	Water Fitness & Lap Swim			
8:00am							
8:30am			Water Fitness & Lap Swim	Lap Swim		Swim Team & Swim Lessons	
9:00am	Water Fitness & Lap Swim						
9:30am	Water Fitness & Lap Swim		Lap Swim			Water Fitness & Lap Swim	
10:00am	Water Fitness & Lap Swim	Lap Swim			Lap Swim		
10:30am	Lap Swim		Lap Swim	Lap Swim		Lap Swim	Swim Lessons & Lap Swim
11:00am							
11:30am							
12:00pm							
12:30pm		Lap Swim					
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm	Lap Swim						
4:00pm		Swim Team & Lap Swim	Swim Team & Lap Swim	Swim Team	Swim Team & Lap Swim	Swim Team & Lap Swim	
4:30pm							
5:00pm	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons	Swim Team & Swim Lessons			
5:30pm							
6:00pm							
6:30pm							
7:00pm	Swim Team	Lap Swim	Water Fitness & Lap Swim	Lap Swim	Closed		
7:30pm							
8:00pm	Closed	Closed	Closed	Closed	Closed		
8:30pm							
9:00pm							
9:30pm							

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org. Make reservations online or by contacting the front desk.

Schedule Key:

Lap Swim: Individual lap swim exercise & must be 15 years old or older.

Swim Team: Pool open for swim team participants only.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.