	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				(Effective 09/01/2021 - 09/30/2021)			
5:15am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise		
6:00am						Adult Exercise	
6:30am							
7:00am							
7:30am							
8:00am						Water Fitness	
8:30am							
9:00am						Swim Lessons	
9:30am							
10:00am		Water Fitness	Water Fitness	Water Fitness	Water Fitness		Adult Exercise
10:30am							
11:00am		Adult Exercise	Open Swim	Adult Exercise	Adult Exercise	Open Swim	
11:30am							
12:00pm					Open Swim		Open Swim
12:30pm							
1:00pm					Stearns Benton School District		
1:30pm							
2:00pm		Open Swim			Open Swim		
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			
5:30pm							
6:00pm							Closed
6:30pm							
7:00pm	Water Fitness	Water Fitness	Open Swim	Water Fitness		Closed	
7:30pm							
8:00pm	Closed	Closed	Closed	Closed	Closed		
8:30pm							
9:00pm							
9:30pm							

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org. Make reservations online or by contacting the front desk.

Schedule Key:

Adult Exercise: Individual exercise & must be 15 years old or older.

Open Swim: Available for families of all ages. Features will be on. Slide available during open swim.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.