

(Effective 04/01/2021 - 04/30/2021)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am							
9:30am							
10:00am		Water Fitness	Water Fitness	Water Fitness	Water Fitness	Swim Lessons	Adult Exercise
10:30am							
11:00am							
11:30am		Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Open Swim
12:00pm							
12:30pm							
1:00pm							
1:30pm						Open Swim or Stearns Benton School District	
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm	Open Swim	Open Swim			Open Swim	Open Swim	
5:00pm							
5:30pm							
6:00pm	Swim Lessons	Swim Lessons	Swim Lessons				Closed
6:30pm	Swim Lessons						
7:00pm	Water Fitness	Water Fitness	Adult Exercise	Water Fitness		Closed	
7:30pm							
8:00pm	Closed	Closed	Closed	Closed	Closed		
8:30pm							
9:00pm							
9:30pm							

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org. Make reservations online or by contacting the front desk.

Schedule Key:

Adult Exercise: Individual exercise & must be 15 years old or older.

Open Swim: Available for families of all ages. Features will be on. Slide available during open swim.

Water Fitness: Reservations must be made on GroupX Pro.

Swim Lessons: Pool open for swim lesson participants only.