| | | (E | ffective 01/11 | /2021-01/31/2 | 2021) | | |
|---|------------------------------------|---------------|----------------|------------------|-----------|---------------------|---------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 5:15am | | Lap Swim | | Lap Swim | | | |
| 6:00am | | Masters Swim | | Masters Swim | | | |
| 6:30am |] | Masters Swiff | | iviasters swiffi | | Masters Swim | |
| 7:00am | Lap Swim | | Lap Swim | | | iviasters swiffi | |
| 7:30am | | | | | | | |
| 8:00am | | | | | | Water Fitness & | |
| 8:30am | | Lap Swim | | Lap Swim | Lap Swim | Indoor Tri Training | |
| 9:00am | - Water Fitness | | Water Fitness | | | Swim Team | |
| 9:30am | | | | | | | |
| 10:00am | - Water Fitness | | Water Fitness | | | | Closed |
| 10:30am | | | | | | | Lap Swim |
| 11:00am | Lap Swim Lap Swim or Navy Clinic | | Lap Swim | | | | Water Fitness |
| 11:30am | | | | | | | |
| 12:00pm | | | | | | Lap Swim | Lap Swim |
| 12:30pm | | | | | | | |
| 1:00pm | Lap Swim | | | | | | |
| 1:30pm | | | | | | | |
| 2:00pm | | | | | | | |
| 2:30pm | | | | | | | |
| 3:00pm | | | | | | | |
| 3:30pm | | | | | | | |
| 4:00pm | Swim Team | Swim Team | Swim Team | Swim Team | Swim Team | | |
| 4:30pm | | | | | | | |
| 5:00pm | | | | | | | |
| 5:30pm | | | | | | | |
| 6:00pm | | | | | | | Closed |
| 6:30pm | | | | | | | |
| 7:00pm | | | | | | Closed | |
| 7:30pm | | | | | | 5.0364 | |
| 8:00pm | | | | | | | |
| 8:30pm | Closed | Closed | Closed | Closed | Closed | | |
| 9:00pm | | | | | | | |
| 9:30pm | | | | | | | |
| Reservations are 60 minutes and start at the top of the hour. | | | | | | | |
| Most current schedule can be found at scymca.org | | | | | | | |