

(Effective 01/11/2021 - 01/31/2021)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
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4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm							
6:30pm							
7:00pm	Water Fitness	Water Fitness		Water Fitness	Closed	Closed	
7:30pm							
8:00pm	Closed	Closed		Closed			Closed
8:30pm							
9:00pm							
9:30pm							

Reservations are 60 minutes and start at the top of the hour.

Most current schedule can be found at scymca.org