

Gym #1 Schedule- February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open 5:00-12:30pm	Open 5:00-12:30pm	Open 5:00-12:30pm	Open 5:00-12:30pm	Open 5:00-12:30pm	Open 6:00-8:00am	Family Gym Time 10:00-12:00pm
					Youth Sports 8:00-1:30pm	
Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Open 1:30-8:45pm	Open 12:00-7:45pm
Open 2:30-4:30pm	Open 2:30-4:30pm	Open 2:30-4:30pm	Open 2:30-4:30pm	Open 2:30-4:30pm		
Family Gym Time 4:30-6:00pm	Family Gym Time 6:00-8:00pm	Family Gym Time 4:30-6:00pm	Family Gym Time 6:00-8:00pm	Family Gym Time 4:30-6:00pm		
Open 6:00-9:45pm	Open 8:00-8:45pm	Open 6:00-9:45pm	Open 8:00-8:45pm	Open 6:00-9:45pm		

Gym Rules

1. Food and drink are not allowed in the gym.
2. Children under the age of 8 must be accompanied and supervised by an adult.
3. Dunking or grabbing of the rims or nets is not allowed.
4. Proper athletic attire and non-marking athletic shoes must be worn at all times.
5. Check out basketballs at the front desk.
6. Kicking or inappropriate use of the equipment or balls is not allowed.
7. Keep balls away from the ceiling, lights, and walls.
8. Be respectful of others by refraining from the use of profanity, fighting, excessive yelling, unnecessary aggressiveness, and unsportsman-like conduct.
9. All competitors, of any age or skill level, are allowed an equal opportunity for gym use and to become involved in any activities taking place during Open Gym times.
10. The Y is not responsible for any personal injury, or for lost, damaged, or stolen items.
11. Report all injuries to a staff member on duty.
12. The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.

Gym #2 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open 5:00-4:30pm	Open 5:00-9:45pm	Open 5:00-9:45pm	Open 5:00-9:45pm	Open 5:00-9:45pm	Open 6:00-8:00am	Open 10:00-7:45pm
					Youth Sports 8:00-1:30pm	
					Open 1:30-8:45pm	
Youth Sports 4:30-6:00pm						
Open 7:30-9:45pm						

Gym #3 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open 5:00-2:00pm	Open 5:00-2:00pm	Open 5:00-2:00pm	Open 5:00-2:00pm	Open 5:00-6:00pm	Open 6:00-10:00am	Birthday Parties or Open Gym 10:00-5:00pm
Home School 2:00-4:00pm	Home School 2:00-4:00pm	Home School 2:00-4:00pm	Home School 2:00-4:00pm		Birthday Parties or Open Gym 10:00-7:00pm	
Open 4:00-9:45pm	Youth Sports 4:30-6:00pm	Open 4:00-9:45pm	Youth Sports 4:30-6:00pm		Birthday Parties or Open Gym 6:00-8:00pm	Open 7:00-8:45pm
	Open 6:00-9:45pm		Open 6:00-9:45pm	Open 8:00-9:45pm		

Description of Activities

Open Gym- unstructured activity time where the gymnasium is available to youth, families, and/or community members

Adult Pickup Basketball- 18+ pickup basketball games

Family Gym Time- Recreational time for family members to enjoy any activity of their choice

Birthday Parties- Gym space is reserved for our birthday party programs. If there are no birthday parties, the gym will be available for open gym use.

Open Volleyball- Recreational time for all members and community members to play.

Adult Pickup Volleyball- 18+ pickup volleyball games

Home School- Physical education program for homeschooled students between the ages of 5-13.

Youth Sports- Youth between the ages of 3-6th grade learn fundamental sports skills.