



# BOOTCAMP

January 6 - February 28

## SPOTLIGHT CHALLENGE

- 1 daily challenge at the start of every boot camp
- Who ever gets the best score for the WEEK gets their name in for a final drawing
- Final drawing with all 8 winners will be done at the end for a final prize!

Monday	Tuesday	Wednesday	Thursday	Friday
5:45am Maddie	5:45am Dan	5:45am Maddie	5:45am Kristina	5:45am Laurie
9:00am Maddie		9:00am Dan		
12:00pm Maddie		12:00pm Dan		12:00pm Maddie
5:30pm Kristina	5:30pm Kristina/Cathy	5:30pm Kristina	5:30pm Maddie	

**COST: MEMBER- \$100**  
**NON-MEMBER- \$120**

\*Schedule and trainer subject to change. Please check website and social media for any changes cancellations.

Questions: contact Cathy Elness- [cathy.elness@scymca.org](mailto:cathy.elness@scymca.org) or Kim Johnson- [kim.johnson@scymca.org](mailto:kim.johnson@scymca.org)