

## Gym #1 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open 5:00-12:30pm	Open 5:00-12:30pm	Open 5:00-12:30pm	Open 5:00-12:30pm	Open 5:00-12:30pm	Open 6:00-7:30am *Starting Jan 11	Family Gym Time 10:00-12:00pm
Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Adult Pickup Bball 12:30-2:30pm	Youth Sports 7:30-1:30pm	Open 12:00-7:45pm
Open 2:30-4:30pm	Open 2:30-4:30pm	Open 2:30-4:30pm	Open 2:30-4:30pm	Open 2:30-4:30pm	Open 1:30-8:45pm	
Family Gym Time 4:30-6:00pm	Family Gym Time 6:00-8:00pm	Family Gym Time 4:30-6:00pm	Family Gym Time 6:00-8:00pm	Family Gym Time 4:30-6:00pm		
Open 6:00-9:45pm	Open 8:00-8:45pm	Open 6:00-9:45pm	Open 8:00-8:45pm	Open 6:00-9:45pm		

### **Description of Activities**

**Open Gym**- unstructured activity time where the gymnasium is available to youth, families, and/or community members

**Adult Pickup Basketball**- 18+ pickup basketball games

**Family Gym Time**- Recreational time for family members to enjoy any activity of their choice

**Birthday Parties**- Gym space is reserved for our birthday party programs. If there are no birthday parties, the gym will be available for open gym use.

**Open Volleyball**- Recreational time for all members and community members to play.

**Adult Pickup Volleyball**- 18+ pickup volleyball games

**Home School**- Physical education program for homeschooled students between the ages of 5-13.

**Youth Sports**- Youth between the ages of 3-6th grade learn fundamental sports skills.