



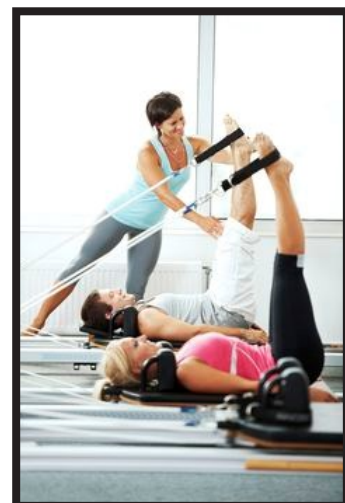
FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
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# PILATES REFORMER

## CLASS SCHEDULE - DECEMBER

Classes are 55 minutes - Reserve your reformer online or at the front desk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		6:00 AM Laurie				
9:15 AM Cathy		9:00 AM Kim		9:15 AM Laurie		
	4:30 PM Laurie	4:30 PM Kim				
5:30 PM Cathy		5:35 PM Cathy				



Contact Cathy Elness for questions | (320) 253-2664, [cathy.elness@scymca.org](mailto:cathy.elness@scymca.org)