



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

PILATES REFORMER

CLASS SCHEDULE - SEPTEMBER

Classes are 55 minutes - Reserve your reformer online or at the front desk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		6:00 AM Laurie				
9:15 AM Cathy		9:00 AM Kim		9:15 AM Laurie		
	4:30 PM Cathy	4:30 PM Kim	4:30 PM Cathy			
5:30 PM Cathy	5:35 PM Kim	5:35 PM Cathy				



Contact Cathy Elness for questions | (320) 253-2664, cathy.elness@scymca.org