

# Lap Pool

Effective 9/4/17-5/31/19

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
6:00am	Deep Water Fitness 6:00-7:00	Masters Swim 5:45-7:00	Deep Water Fitness 6:00-7:00	Masters Swim 5:45-7:00	Deep Water Fitness 6:00-7:00	Masters Swim 6:15-7:45	
6:30am							
7:00am	Open Swim 7:00am-4:15pm	Open Swim 7:00am-4:15pm	Open Swim 7:00am-4:15pm	Open Swim 7:00am-4:15pm	Open Swim 7:00am-4:15pm	Water Aerobics 8:00-9:00	
7:30am							
8:00am							
8:30am	Aqua Aerobics 8:30-9:30	Open Swim 7:00am-4:15pm	Aqua Aerobics 8:30-9:30	MS Exercise 9:30 10:30	Aqua Aerobics 8:30-9:30	Swim Lessons 9:00-12:00	
9:00am							
9:30am							
10:00am	MS Exercise 9:30 10:30	ISD 742 11:00-12:30	MS Exercise 9:30 10:30	Open Swim 7:00am-4:15pm	MS Exercise 9:30 10:30	Open Swim	Open Swim
10:30am							
11:00am	Bodies in Motion 10:30-11:30	ISD 742 11:00-12:30	Bodies in Motion 10:30-11:30	Open Swim 7:00am-4:15pm	Bodies in Motion 10:30-11:30	Open Swim	WAVE 10:30-11:30
11:30am							
12:00pm	Open Swim 11:30-4:15	Open Swim 12:30-4:15	Open Swim 11:30-4:15	Open Swim 7:00am-4:15pm	ISD 742 11:00-12:30	Open Swim 12:00-8:30pm	Open Swim 10:00-7:30pm
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	Swim Team 4:15-7:30	Swim Team 4:15-7:30	Swim Team 4:15-6:00	Swim Team 4:15-7:30	Swim Team 4:15-7:30	Open Swim 7:30-9:30	Closed
4:30pm							
5:00pm	Swim Team 4:15-7:30	Deep Water X	Swim Lessons 5:30-6:30	Deep Water X	Swim Lessons 5:30-6:30	Open Swim 7:30-9:30	Closed
5:30pm							
6:00pm	Swim Lessons 5:30-7:20	Swim Lessons 5:30-7:20	Swim Lessons 5:30-7:20	Swim Lessons 5:30-7:20	Swim Lessons 5:30-7:20	Open Swim 7:30-9:30	Closed
6:30pm							
7:00pm	Open Swim 7:30-9:30	Open Swim 7:30-9:30	WAVE 7-8	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Closed
7:30pm							
8:00pm	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Open Swim 7:30-9:30	Closed
8:30pm							
9:00pm	Closed	Closed	Closed	Closed	Closed	Closed	Closed
9:30pm							

**During swim team, swim lessons and masters swim lap lanes may be limited.**

