

Lap Pool

Effective 6/4/2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
6:00am	Deep Water Fitness 6-7	Masters Swim 6-7	Deep Water Fitness 6-7	Masters Swim 6-7	Deep Water Fitness 6-7	Masters Swim 6:15-7:45	
6:30am							
7:00am	Swim Team 7-9	Swim Team 7-9	Swim Team 7-9	Swim Team 7-9	Swim Team 7-9		Water Aerobics 8-9
7:30am							
8:00am	Aqua Aerobics 8:30-9:30		Aqua Aerobics 8:30-9:30		Aqua Aerobics 8:30-9:30	Swim Lessons 9-12	
8:30am							
9:00am	Swim Lessons 9-12		Swim Lessons 9-12		MS Exercise 9:30-10:30		Swim Lessons 9-12
9:30am							
10:00am	MS Exercise 9:30-10:30	Swim Lessons 9-12	MS Exercise 9:30-10:30	Swim Lessons 9-12	Bodies In Motion 10:30-11:30	W.A.V.E 10-11	
10:30am							
11:00am	Bodies in Motion 10:30-11:30		Bodies in Motion 10:30-11:30				Open Swim 11-7:30
11:30am							
12:00pm	Open Swim 12-4	Open Swim 12-3:30	Open Swim 12-4	Open Swim 12-3:30	Open Swim 11:30-5:30	Open Swim 12-8:30pm	
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm	Swim Lessons 4-8 Swim Team 5:00-7	Swim Team 3:30-7 Swim Lessons 4-8 Deep Water X 5:30-6:30	Swim Lessons 4-8 Swim Team 5:00-7	Swim Team 3:30-7 Swim Lessons 4-8 Deep Water X 5:30-6:30	Swim Team 5:00-7	Open Swim 7-9:30	
3:30pm							
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm	Open Swim 7-9:30	Open Swim 7-9:30	Open Swim 7-9:30	Open Swim 7-9:30	Open Swim 7-9:30	Closed	
6:30pm							
7:00pm							
7:30pm	Closed	Closed	Closed	Closed	Closed	Closed	
8:00pm							
8:30pm	Closed	Closed	Closed	Closed	Closed	Closed	
9:00pm							
9:30pm	Closed	Closed	Closed	Closed	Closed		

During Swim team, swim lessons, Deep Water X and Masters Swim lap lanes may be limited.