

**CYCLE STUDIO SCHEDULE**

(effective 6/04/18)

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	6:00-6:45am Group Cycle Rachel			6:00-6:45am Cycle/Strength Deb	6:00-6:45am Group Cycle Dawn	
	8:30-9:30am Group Cycle Dana A/Emily		8:30-9:30am Group Cycle Dana A			7:30-8:25am Group Cycle Rachel
						9:00-9:45am Group Cycle Nicole
		12:00-12:30pm H.I.I.T. Cycle Kim		12:00-12:30pm H.I.I.T. Cycle Kim	12:00-12:30pm H.I.I.T. Emily	
	4:30-5:15pm Group Cycle Kim			4:30-5:15pm Group Cycle Nicole		
	5:30-6:15pm Group Cycle Emily	5:30-6:15pm Group Cycle Caryn				