

Large Pool

Effective 6/1/2014-7/26/14

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Lap Swim	Lap Swim 5:15-9:30 Masters	Lap Swim	Lap Swim 5:15-9:30	Lap Swim		
6:00am	Deep Water Fitness 6-7	Swim 5:30-7:30a	Deep Water Fitness 6-7	Masters Swim 5:30-7:30a	Deep Water Fitness 6-7	Lap Swim 6-9	
6:30am							
7:00am	Swim Team 7-9a	Swim Team 7-9a	Swim Team 7-9a	Swim Team 7-9a	Swim Team 7-9a	Masters Swim 6:15-7:30a	
7:30am							
8:00am							
8:30am						Water Aerobics 8-9	
9:00am	Aquaerobic 8:30-9:30 Swim Lessons 9-12p MS Ex. 9:30-10:30 Bodies in Motion 10:30-11:30	Shallow H2O 8:30-9:30 Swim lessons 9-12	Aquaerobic 8:30-9:30 Swim Lessons 9-12p MS Ex. 9:30-10:30 Bodies in Motion 10:30-11:30	Shallow H2O 8:30-9:30 Swim lessons 9-12	Aquaerobic 8:30-9:30 Swim Lessons 9-12p MS Ex. 9:30-10:30 Bodies in Motion 10:30-11:30	Swim Lessons 9-12	Open Swim 10-2
9:30am							
10:00am							
10:30am							
11:00am							
11:30am	Open Swim 12-4	Open Swim 12-4	Open Swim 12-4	Open Swim 12-4	Open Swim 12-8:30p	Aqua Zumba 12-12:45p	
12:00pm							
12:30pm	Day Camp	Day Camp	Day Camp	Day Camp	Day Camp		
1:00pm							
1:30pm							
2:00pm							CLOSED
3:00pm	Open Swim 12-4	Open Swim 12-4	Open Swim 12-4	Open Swim 12-4	Open Swim 12-8:30p	Open Swim 12:00-6:30	
3:30pm							
4:00pm	Swim lessons 4-7	Swim lessons 4-7	Swim lessons 4-7	Swim lessons 4-7			
4:30pm							
5:00pm							
5:30pm						CLOSED	
6:00pm	Swim Team 5:30-7p	Swim Team 5:30-7pm	Swim Team 5:30-7 pm	Swim Team 5:30-7pm	Swim Team 5:30-7pm		
6:30pm							
7:00pm	Open Swim 7:00-8:30	Deep Water X 5:30-6:30p	Open Swim 7:00-8:30	Deep Water X 5:30-6:30p	Open Swim 7:00- 8:30p		
7:30pm		Open Swim 7-8:30		Open Swim 7-8:30			
8:00pm							
8:30pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

Please be aware that lane lines will be limited during lessons and swim team