

Large Pool

Effective 9/1/14

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|---------|---|---|---|---|--|---|---------------------------------|-------------------------|
| 5:15am | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | | | |
| 6:00am | Deep Water Fitness 6:00-7:00 | Masters Swim 5:30-7:30 | Deep Water Fitness 6:00-7:00 | Masters Swim 5:30-7:30 | Deep Water Fitness 6:00-7:00 | Lap Swim 6:00-7:30 Masters Swim 6:15-7:45 | | |
| 6:30am | | | | | | | | |
| 7:00am | Open Swim 7-4:00 | Open Swim 7:30-4:00 | Open Swim 7-4:00 | Open Swim 7:30-4:00 | Open Swim 5:15-11:30 | Water Aerobics 8:00-9:00 | | |
| 7:30am | | | | | | | | |
| 8:00am | | | | | | | | |
| 8:30am | Aqua Aerobics 8:30-9:30 | Shallow H2O 8:30-9:30 | Aqua Aerobics 8:30-9:30 | Shallow H2O 8:30-9:30 | Aqua Aerobics 8:30-9:30 | | | |
| 9:00am | | | | | | | | |
| 9:30am | MS Exercise 9:30-10:30 | Open Swim 9:30-4:00 | MS Exercise 9:30-10:30 | Open Swim 9:30-4:00 | MS Exercise 9:30-10:30 | Swim Lesson 9:00-12:00 Aqua Zumba 12:00-12:45 Open Swim 12:00-8:00 | | |
| 10:00am | | | | | | | | |
| 10:30am | Bodies in Motion 10:30-11:30 | | Bodies in Motion 10:30-11:30 | | Bodies in Motion 10:30-11:30 | | Bodies in Motion 10:30-11:30 | |
| 11:00am | | | | | | | | |
| 11:30am | Open Swim 11:30-4:00 | | Open Swim 11:30-4:00 | | Open Swim 11:30-4:00 | | Open Swim 11:30-4:00 | Open Swim 10:00-6:30 |
| 12:00pm | | | | | | | | |
| 12:30pm | | | | | | | | |
| 1:00pm | | | | | | | | |
| 1:30pm | | | | | | | | |
| 2:00pm | | | | | | | | |
| 2:30pm | Swim Team 4:00-5:30 Deep Water X 5:30-6:30p Swim Lessons 5:30-7:20 | Swim Team 4:00-5:30 Deep Water X 5:30-6:30p Swim Lessons 5:30-7:20 | Swim Team 4:00-6:00 Swim Lessons 5:30-7:20 | Swim Team 4:00-5:30 Deep Water X 5:30-6:30p Swim Lessons 5:30-7:20 | Swim Team 4:00-7:30 Open Swim 5:30-9:00 | | | |
| 3:00pm | | | | | | | | |
| 3:30pm | | | | | | | | |
| 4:00pm | | | | | | | | |
| 4:30pm | | | | | | | | |
| 5:00pm | | | | | | | | |
| 5:30pm | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 5:30-9:00 | | | |
| 6:00pm | | | | | | | | |
| 6:30pm | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 5:30-9:00 | CLOSED | | |
| 7:00pm | | | | | | | | |
| 7:30pm | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 5:30-9:00 | | | |
| 8:00pm | | | | | | | | |
| 8:30pm | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 7:20-9:00 | Swim Team 6:30-8:30 Open Swim 7:20-9:00 | Open Swim 5:30-9:00 | CLOSED | | |
| 9:00pm | | | | | | | | |
| 9:30pm | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | | | |

During swim team, swim lessons and masters swim lap lanes will be limited.