

YMCA School Day
Out Camp Agenda

* 7:30-8:30 a.m. Drop Off
	+ Children will need to eat breakfast before their arrive at camp for the day.
	+ Drop Off will not begin until 7:30 so please do not arrive earlier than that.
* 8:30-9:30 a.m. Unstructured Gym Time
	+ All ages will be together in the gym.
* 9:30-10 a.m Snack Time
	+ Camp provides two healthy snacks throughout the day
	+ Campers may provide their own, but it must be a healthy option
		- No candy, chips, pop, energy drinks.
		- Campers are NOT allowed to use the vending machine throughout the day.
* 10 a.m. -12 p.m. Structured games/ art
* 12 -12:45 p.m. Lunch
	+ Bring your own lunch
	+ Camp does NOT provide a refrigerator or microwave
* 12:45-2 p.m. Swimming
	+ Bring own swim suit, towel, shower items
* 2 -3 p.m. Rainbow Room
* 3 -3: 30 p.m. Snack
* 3:30 - 4 p.m. Reading time
	+ Bring a book for your child to read during this time
	+ No electronics are allowed
* 4-5 p.m. Outside Play/ Gym Time (depending on weather)
	+ If we go outside we will let you know to bring their snow gear
* 5-6 p.m. Fit Kids/ Pick Up

**Items to Bring to Camp**

* Book
* **Lunch - please pack a lunch for your child.**
* Swim suit
* Towel
* Shower items
* Healthy snacks (not required)
* Tennis shoes
* Good attitude