

# JOIN US FOR OUR 5TH ANNUAL INDOOR TRIATHLON!

SUNDAY, MARCH 24 | 8:00 A.M.  
DOORS OPEN AT 7:00 A.M.

MALE | FEMALE | YOUTH

YOUTH MUST BE AGES 10-14 AND PARENTAL PARTICIPATION REQUIRED.



SWIMMING

# OF LAPS COUNTED



STATIONARY BIKE

# OF MILES COUNTED



RUNNING

# OF MILES COUNTED

TOP THREE WINNERS IN EACH DIVISION WHO ACHIEVE THE  
FARTHEST TOTAL DISTANCES WILL WIN!

REGISTER BY MARCH 10

MEMBERS: \$15

NON-MEMBERS: \$30

INCLUDES T-SHIRT FOR ALL PARTICIPANTS!

AFTER MARCH 10

MEMBERS: \$25

NON-MEMBERS: \$40

T-SHIRT NOT GUARANTEED

