



For Youth Development For Healthy Living For Social Responsibility

As a human service organization, we put Christian principles into practice through programs that build a healthy spirit, mind and body for all. This mission is fulfilled through our three pillars of Healthy Living, Youth Development and Social Responsibility.

The board of directors, dedicated staff and volunteers work each day to provide the services our community needs to grow and thrive. In 2011, we served youth, adults and families through new programs and the expansion of existing ones:

- Through **healthy living** we introduced the “I CAN Prevent Diabetes” program and the Wishbone Walk/Run.
- **Youth development** grew with programs like swim lessons, swim team, sports and the introduction of our new day camp, Camp C.H.A.D. (children healthy and active daily).
- Our partners’ commitment to **social responsibility** allows us to provide free and reduced services to stressed individuals and families. Programs such as supervised visits and exchanges and classes in physical and mental wellness serve the melting pot of Central Minnesota.



Changing Lives: What our members say about the Y

Social Responsibility

Thank you very much for considering us for program assistance. Since having to depend only on my wife’s income, we have become less and less active and it is taking its toll on the family. With this membership, we can workout when it works best for us as a family. This membership also makes it possible for us to be able to afford swimming lessons, karate

and Camp CHAD. To be honest, I can’t think of one part of the Y we will not take advantage of! This assistance will get us through until we can be full-paying members for many years to come. Thank you.

Ernest, scholarship member

We can impact the
community because
of your support.
We are proud to be
your Y.



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Youth Development

I am very impressed with the swim lessons and class size. My child has Aspergers, ADHD and is hearing impaired and did very well in class. Instructors kept him engaged and broke each lesson down into small steps so we could follow. I am amazed! At first my child was so afraid to take lessons and now he can't wait to take more! Thank you. This was the best money I have spent all summer!

Wendy, Y member

Healthy Living

It is so wonderful to see such a wide community effort in improving the health and well-being of the community! It is events like the Wishbone Walk/Run that encourage our youth and families to get active, no matter how cold the weather is! I had never run a 5k before, but I brought my husband and daughters with so we could start a new tradition. It was nice to see we weren't the only ones!

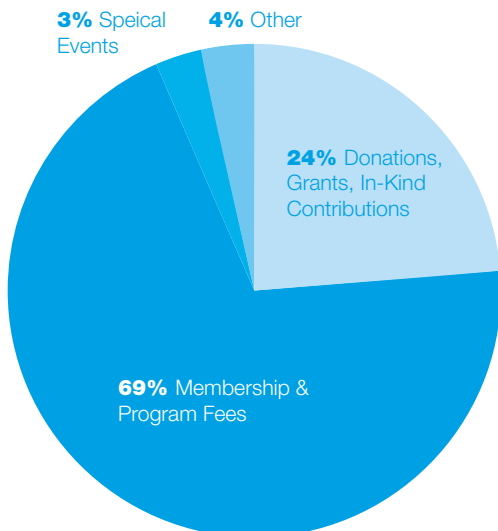
Jeannie, Y member

In 2011, our volunteers gave nearly 12,000 hours of time.

St. Cloud Area Family YMCA Financial Highlights

We are proud that nearly 80 percent of every dollar invested in the Y is applied directly to programming. We are grateful to our members, donors and friends for their support.

Revenue - **\$1,587,059**



Expenses - **\$1,581,187**

