



For Healthy Living For Youth Development For Social Responsibility

The St. Cloud Area Family Y is so much more than a swim and gym, the Y is about people. In 2013 we served over 5,000 local youth, adults & families. The Y is a non-profit, dedicated to Health Living, Youth Development & Social Responsibility. For 44 years, we've been proud to help our neighbors learn, grow and thrive. With programs from A to Z, like athletics to advocacy, Day Camp to Disease Prevention, volleyball to volunteerism, we don't just strengthen individuals, we strengthen the entire community. The Board of Directors, dedicated staff & volunteers work each day in our community to provide services our community needs. Our many partners allow us to provide free & reduced services to individuals & families in our community, which is critical to our mission, which is to put Christian principles into practice through programs that build healthy spirit, mind & body for all. Being the front porch of our community is what makes this organization Your Y.

The Y. So Much More



Youth Development

Thank you for the financial assistance. I am a single mother earning minimum wage trying to support my family. I am very interested in getting my daughter involved in sport activities and showing her there is more to life than playing computer games and watching movies. I want to show her what a healthy and active family can be.

~ Kristin

Healthy Living

The past 3 years have been a challenge for our family, when my husband was diagnosed with a herniated disc in his lower back. Our lives have been consumed with struggle, both financially and emotionally, and severe pain. He has had the surgery and has committed to physical therapy for a full

recovery. I am a Type 1 diabetic with no serious complications. After having 2 children I was diagnosed with hyperthyroidism and high cholesterol. I am ready to get fit and continue working hard at being a committed diabetic.

Most importantly, my husband and I want to be a good example for our children. I have always been a fan of the Y. As a child I attend Camp Need Point, a diabetic camp. Those were some of my fondest memories and the beginning of life-long friendships. I am excited for my children to experience the same kind of happiness and adventure.

~ Angela



Social Responsibility

At our weekly Monday Morning Resident Meeting I often hear about the St. Cloud Y. Often times, the

women share stories about their visit, "I loved going to the Y with my kids" and "We stayed in the warm pool all evening and it felt so good" are just a few of the comments. I can tell by their faces and their voices that their visits to the Y gave them new energy and life. This past weekend some of the women and their daughters attended "Women and Girls Night." Included in the evening was a talk about leadership. This event was a highlight for many women at the shelter. Clearly the services at the Y are an important and significant part to the lives of those we serve. We are so grateful for the generosity and kindness of the staff and for all who make this possible.

~ Patty H, Anna Marie's Alliance



ST. CLOUD AREA FAMILY Y

2013 ANNUAL REPORT

ASSETS

Current Assets

Cash & Cash Equivalents.....	\$498,291
Investments.....	13,040
Accounts Receivable.....	5,612
Inventory.....	5,428
Prepaid Expenses.....	18,658
Total Current Assets.....	541,029
Property & Equipment, Net.....	1,635,101
Loan Fees, Net of Accumulated Amortization.....	1,509
TOTAL ASSETS.....	\$2,177,639

LIABILITIES & NET ASSETS

Current Liabilities

Current Portion of Capital Lease.....	\$18,397
Current Portion of Long-Term Debt.....	9,161
Accounts Payable.....	38,196
Accrued Payroll & Related Taxes.....	22,337
Accrued Interest.....	707
Accrued Vacation.....	33,682
Deferred Revenue.....	52,687
Total Current Liabilities.....	175,167

Long-Term Liabilities

Long-Term Deb, Less Current Portion.....	200,713
Capital Lease, Less Current Portion.....	19,717
Total Long Term Liabilities.....	220,430
Total Liabilities.....	395,597

Net Assets

Unrestricted	
Invested in Property & Equipment.....	1,387,113
Undesignated.....	394,929
Total Net Assets.....	1,782,042
Total Liabilities & Net Assets.....	\$2,177,639

PUBLIC SUPPORT & REVENUE

PUBLIC SUPPORT

Contributions.....	\$146,602
United Way.....	83,273
Grants.....	38,610
In-Kind Contributions.....	3,000
Total Public Support.....	271,485

REVENUE

Membership Dues.....	1,344,043
Less Community Outreach.....	(99,306)
Less Membership Dues Financial Aid.....	(341,925)
Program Service Fees.....	477,554
Less Program Services Fees Financial Aid.....	(29,539)
Total Revenue.....	1,350,827

SPECIAL EVENTS

Revenue.....	178,566
In-Kind Contributions.....	86,461
Less Direct Costs.....	(87,278)
Less In-Kind Expenses.....	(86,461)
Net Special Events.....	91,288

OTHER

Sale of Supplies.....	6,636
Investment Income, Net.....	612
Rental Income.....	41,012
Miscellaneous.....	6,610
Gain (Loss) on Disposal of Equipment.....	(1,895)
Total Other.....	52,975
Net Assets Released from Restrictions.....	5,200

EXPENSES

Program Services

Community Services.....	1,428,719
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Supporting Services

Management & General.....	252,988
Fundraising.....	49,221
Fundraising—Capital Campaign.....	52,325

TOTAL EXPENSES.....	1,783,253
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NET ASSETS

Beginning of Year.....	1,793,520
End of Year.....	1,782,042
CHANGE IN UNRESTRICTED NET ASSETS.....	11,478

SALARIES & RELATED EXPENSES

Salaries.....	955,782
Employee Benefits	69,750
Payroll Taxes.....	70,912
Total Salaries & Related Expenses.....	1,096,444

OTHER EXPENSES

Professional Fees.....	83,493
Credit Card & Bank Fees.....	22,036
Supplies & Service.....	65,522
Telephone.....	4,410
Postage & Shipping.....	1,566
Occupancy.....	131,725
Insurance.....	26,141
Repair & Maintenance.....	34,612
Printing & Promotion.....	16,006
In-Kind.....	3,000
Technology Expense.....	13,878
Travel.....	9,992
Conferences, Meetings & Training.....	5,671
National Y & Other Dues.....	34,896
Interest.....	8,729
Advertising.....	14,338
Bad Debt.....	256
Miscellaneous.....	12,328
Total Other Expenses.....	488,599
Depreciation & Amortization.....	198,210
Total Expenses.....	\$1,783,253

806 Volunteers
gave over
11,905 Hours