



ST. CLOUD AREA FAMILY YMCA SWIM ATTIRE GUIDELINES

The YMCA strives to be a safe environment for all. To ensure safety, the YMCA will only allow the following items of clothing in the pools and spas:



Swim/Surf Shirt



2 Piece Bathing Suit



2 Piece Tankini



1 Piece Bathing Suit



Swim Trunks



Short Swim Briefs



Long Swim Briefs



Swimmers Diapers



Religious Swimwear

***When purchasing swim attire, please confirm that this item is specifically made for swimming/swimming pools**

- No cotton based closing is allowed in the pool. Cotton and similar materials can absorb the chemicals in the water, causing the water to become less effective at maintaining the proper chemical balance or may cloud the water.
- Lycra and Nylon are the best non-absorbent material for swimming and are the best fabrics for proper swim attire.
 - Other absorbent materials (ie: cotton) can break down in the water and cause fibers to clog filters
 - Any "colored" material (unless specifically made for swimming) can bleed into the pool, affecting water chemistry and balance.
- Street clothes can transport airborne and ultimately water born contaminants into the pool.
- **Lifeguards have the right to ask you to change or leave if wearing inappropriate swim attire**