### **Rock Wall Winter Schedule**

#### (Effective 1/2/2018)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00pm-	5:00pm-	5:00pm-	5:00pm-	5:00pm-	12:00pm-	12:00pm-
9:00pm	9:00pm	9:00pm	9:00pm	9:00pm	4:00pm	4:00pm

<sup>\*</sup>The wall will close 15 minutes early if there are no participants on the wall.

### **CLIMBING/BELAYING RULES**

- All climbers should be familiar with the equipment, techniques & wall safety before climbing.
- Everyone using the wall must sign a waiver before climbing. Any climber under the age of 18 must have a waiver signed by a parent or legal guardian.
- You must be 5 years of age or older to climb.
- Belay Qualified Climbers must have completed YMCA Belay Qualification during the current calendar year to check out equipment and belay other climbers. Climbers must be 18 yrs. old to check out belay equipment. Members between the ages of 11-16 who are Belay Qualified must be directly supervised by a Belay Qualified Adult (16 yrs old or older).
- Running is not allowed in the climbing or bouldering areas.
- Stay standing against the far wall while waiting to climb.
- All climbers must wear appropriate footwear. Open toe, open heal, or hard sole shoes are not allowed.
- Climbing barefoot is not allowed.
- All climbers need to wear dry clothes. Wet clothes are not allowed.
- Use only holds on wall for climbing. Do not touch exposed metal, belay bars, clips, etc.
- Climbers must stay "on route" while climbing due to the dangerous swing factor caused by climbing "off route."
- Sitting down or lying down while belaying is not allowed.
- All accidents and equipment damage must be reported immediately
- Personal climbing equipment is not allowed- equipment rentals are available at the front desk

# **Bouldering Hours**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-	5:00am-	5:00am-	5:00am-	5:00am-	6:00am-	10:00am-
9:00pm	9:00pm	9:00pm	9:00pm	9:00pm	8:00pm	7:00pm

## **BOULDERING RULES**

- You must have at least one spotter when bouldering
- Boulder within your personal limits; climber's feet must stay below the 8-foot line.
- Children 16 and under must be supervised and spotted by their parents/chaperones in the bouldering area. Children should stay well below the 8-foot line.
- "Topping out" (climbing on top of bouldering area) is not allowed.
- Yield to roped climbers and show courtesy to others bouldering.
- Participants found to be belaying, climbing or bouldering in an unsafe manner will be asked to leave the wall. Infractions can result in suspension of climbing privileges.