

Lap Pool

Effective 1/1/18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
6:00am	Deep Water Fitness 6:00-7:00	Masters Swim 5:45-7:00	Deep Water Fitness 6:00-7:00	Masters Swim 5:45-7:00	Deep Water Fitness 6:00-7:00	Masters Swim 6:15-7:45	
6:30am							
7:00am	Open Swim 7:00am-4:00pm	Open Swim 7:00am-4:00pm	Open Swim 7:00am-4:00pm	Open Swim 7:00am-4:00pm	Open Swim 7:00am-4:00pm	Water Aerobics 8:00-9:00	
7:30am							
8:00am							
8:30am	Aqua Aerobics 8:30-9:30	Open Swim 7:00am-4:00pm	Aqua Aerobics 8:30-9:30	Aqua Aerobics 8:30-9:30	Aqua Aerobics 8:30-9:30	Swim Lessons 9:00-12:00	
9:00am							
9:30am	MS Exercise 9:30-10:30	MS Exercise 9:30-10:30	MS Exercise 9:30-10:30	MS Exercise 9:30-10:30	MS Exercise 9:30-10:30	Swim Lessons 9:00-12:00	Open Swim
10:00am							
10:30am	Bodies in Motion 10:30-11:30	ISD 742 11:00-12:30	Bodies in Motion 10:30-11:30	Open Swim 7:00am-4:00pm	Bodies in Motion 10:30-11:30	ISD 742 11:00-12:30	WAVE 10:30-11:30
11:00am							
11:30am	Open Swim 11:30-4:00	Open Swim 12:30-4:00	Open Swim 11:30-4:00	Open Swim 7:00am-4:00pm	ISD 742 11:00-12:30	Open Swim 12:00-8:30pm	
12:00pm							
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm	Swim Team 4:00-7:00 Deep Water X 5:30-6:30 Swim Lessons 5:30-7:20	Swim Team 4:00-7:00 Deep Water X 5:30-6:30 Swim Lessons 5:30-7:20	Swim Team 4:00-7:00 Deep Water X 5:30-6:30 Swim Lessons 5:30-7:20	Swim Team 4:00-7:00 Deep Water X 5:30-6:30 Swim Lessons 5:30-7:20	Swim Team 4:00-7:00 Open Swim 6:30-9:00	Open Swim 12:00-8:30pm	
5:00pm							
5:30pm							
6:00pm							
6:30pm	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 12:00-8:30pm	
7:00pm							
7:30pm							
8:00pm	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 7:20-9:30	Open Swim 12:00-8:30pm	Closed
8:30pm							
9:00pm	Closed	Closed	Closed	Closed	Closed	Open Swim 12:00-8:30pm	
9:30pm							

During swim team, swim lessons and masters swim lap lanes may be limited.