



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL/WINTER SWIM LESSONS AT THE YMCA

Swim Academy
Tuesday & Thursday
Member \$30/ Non-member \$50
or
Once per week
Mondays, Tuesdays, Wednesdays,
Thursdays, or Saturdays
Member \$15/\$35 Non-member

Monthly
September 3-30th
October 1-31st
November 1-30th (make up fri. 11/22)
December 1-31st (Xmas make up fri. 12/27)
NYE (make up fri. 1/3)
January 2-30th
February 1-28th
March 1-31st
April 1-30th
May 1-31st (Make up fri. 5/30)

Registration Begins August 12th

Register online at www.scymca.org or at the YMCA (253-2664)

No make-up lessons, unless with physicians note.

Once a Week-Monthly

Mondays, Tuesdays, Wednesdays, Thursdays, or Saturdays

Large Pool: (50 Minutes)

Mondays, Tuesdays, Wednesdays, Thursdays

5:30-6:20pm Polliwog, Guppy, Minnow, Fish, Stroke School
6:30-7:20pm Polliwog, Guppy, Minnow, Fish, Stroke School

Saturdays

9:00-9:50am Polliwog, Guppy, Minnow, Fish, Stroke School
10:00-10:50am Polliwog, Guppy, Minnow, Fish, Stroke School
11:00-11:50am Polliwog, Guppy, Minnow, Fish, Stroke School

Small Pool: (30 Minutes)

Mondays, Tuesdays, Wednesdays, Thursdays

9:00-9:30am Pike, Eel, Ray/Starfish (Mondays only)
9:30-10:00am Pike, Eel, Ray/Starfish (Mondays only)
4:40-5:10pm Pike, Eel, Ray/Starfish
5:20-5:50pm Pike, Eel, Ray/Starfish
6:00-6:30pm Pike, Eel, Ray/Starfish, Shrimp/Perch
6:30-7:00pm Pike, Eel, Ray/Starfish (Tues. & Wed. Only)

Saturdays

9:00-9:30am Pike, Eel, Ray/Starfish
9:40-10:10am Pike, Eel, Ray/Starfish
10:20-10:50am Pike, Eel, Ray/Starfish
11:00-11:30am Pike, Eel, Ray/Starfish, Shrimp/Perch

Swim Academy- 2 x's per week

Tuesdays and Thursdays

Large Pool: (50 Minutes)

5:30-6:20pm Level I, Level II

Small Pool: (30 Minutes)

5:20-5:50pm Level I, Level II

Waiver- I do hereby give permission for my child to participate in the YMCA swim program and accept full responsibility for any and all injuries that may occur. I also release all pictures of my child taken by the YMCA for use only by the YMCA.